

## DIAGNOSIS / TREATMENT CODES

- Dr. Laura Mehofer’s practice is out of network for all insurance plans including Medicare and Medicaid. In most cases, you can submit a claim to your insurance for reimbursement. If your decision to move forward with Dr. Laura’s services depend on the amount your insurance will reimburse you, please contact your insurance company for this information BEFORE confirming your appointment. You may be asked to provide ICD-10 diagnosis codes and/or CPT Treatment Codes to determine coverage.
- The most common codes Dr. Laura uses are below, however she may use other codes based on physical examination. To learn what services may or may not be covered by your insurance, please refer to the “Does My Insurance Cover My Care?” document located on the [Helpful Documents](#) page of Dr. Laura Mehofer’s website.
- Insurance companies are auditing constantly these days. Changing ICD-10 billing codes during treatment can raise a red flag and be investigated for insurance fraud. Dr. Laura will rarely change codes after they are established.

### Common ICD-10 Diagnosis Codes

#### **Back/Hip**

M25.50 - Pain in unspecified joint

M54.5 - Low back pain

M53.3 - Sacrococcygeal disorders, not elsewhere classified

#### **Pelvic/Abdominal Pain**

M25.50 - Pain in unspecified joint

#### **Prolapse**

N81.9 - Female genital prolapse, unspecified

K62.2 - Anal prolapse

K62.3 - Rectal prolapse

N81.89 - Other female genital prolapse

N81.6 - Rectocele

N81.10 - Cystocele, unspecified

#### **Bowel**

K59.00 - Constipation, unspecified

K58.1 - Irritable bowel syndrome with constipation

R15.0 - Incomplete defecation, fecal incontinence with incomplete defecation

R15.1 - Fecal smearing, fecal soiling concurrent and due to fecal incontinence

R15.2 - Fecal urgency, fecal incontinence with fecal urgency or urgent desire to stool

R15.9 - Full incontinence of feces, alteration in bowel elimination

K59.09 - Other constipation, chronic constipation

K59.02 - Outlet dysfunction constipation

K59.01 - Slow transit constipation

K58.9 - Irritable bowel syndrome without diarrhea, bowel spasm, irritable bowel syndrome characterized by alternating bowel habit

#### **Other**

M62.81 - Muscle weakness (generalized)

M62.838 - Other muscle spasm

## **Urinary**

N39.498 - Other specified urinary incontinence

R32 - Unspecified urinary incontinence

N39.46 - Mixed incontinence

N39.3 - Stress incontinence

N39.492 - Postural urinary incontinence

N39.491 - Coital incontinence

R39.81 - Urinary incontinence associated with cognitive impairment

R39.81 - Functional Urinary Incontinence

N39.41 - Urge incontinence

N39.42 - Incontinence without sensory awareness

N39.43 - Post-void dribbling

N39.490 - Overflow incontinence

## **Common CPT Treatment Codes**

97163 – Physical Therapy Evaluation

97164 – Physical Therapy Re-evaluation

97110 – Therapeutic Exercise

97112 – Neuromuscular Re-education

97116 – Self Care / Home Management Training

97140 – Manual Therapy

97530 – Therapeutic Activity

Please Note:

- Dr. Laura does **not** get creative with treatment codes to charge more. Every patient pays the same flat fee.
- Some insurance companies request to see additional individual treatment codes. Keep the conversation open and transparent with them to understand what they require to get coverage. For some additional guidance to help you understand your insurance coverage, please refer to the “Does My Insurance Cover My Care?” document located on the [Helpful Documents](#) page of Dr. Laura Mehofer’s website.